



FOURTH SUNDAY OF LENT – March 9th – 10th, 2024

Mass  for the
Intentions  Week

Tuesday, Mar. 12th,
7:00 pm *A Personal Intention*
Wednesday, Mar. 13th,
8:30 am
Thursday, Mar. 14th,
THERE WILL BE NO MASS TODAY
Friday, Mar. 15th,
8:30 am *Souls of Michael & Harry Randolfi*
Req. by: Anna Alonzi
7:00 pm **STATIONS OF THE CROSS**
Saturday, Mar 16th,
5:00 pm *Soul of Ralph Arsenault*
Req. by: Karen & Tony Amaral
SUNDAY, Mar. 17th,
9:00 am *Soul of Vanessa Evangelista*
Req by: The Evangelista family
11:00 am *People of the Parish*

Weekday Mass TIME CHANGE
Please note on the following Tuesdays the Mass will be at 12:30 pm: Mar. 19th

 **PRAY**
Dianne Gordon, Daniel Berardi, Olier Caron, Fran Pelletier, Gladys Turton, Steffan Brunette, Cindy Steffoff, Frank Ethier, Margaret Swindells, Susan, Nolan Davis, Fr. Joseph Rodrigues, Ricki Keyzers, Bill Paterson & Patrick Kellachan Also please pray for those who take care of them.

 **DEVOTIONS TO OUR MOTHER OF PERPETUAL HELP**
Every Wednesday after 8:30 am Mass.
All are welcome.

2023 TAX RECEIPTS

Please note the income tax receipts will be mailed to you directly from the Archdiocese of Toronto this month. Thank you for your donations to our parish this past year. May God bless you always

**Our Sanctuary Lamp burns
For the Soul of Celine Borges**



**CHURCH IS OPEN FOR
PRIVATE SILENT PRAYER
WEDNESDAY, THURSDAY
& FRIDAY
12 NOON TO 4:00 P.M**

One of the best gifts
we can give
ourselves is time
alone with God.

FIRST COMMUNION & CONFIRMATION 2024
Please pray for the children of our parish as they prepare to receive the sacraments of First Communion and Confirmation. Also pray for their parents and teachers as they guide them on their journey to receive these sacraments.



Inspired by God's love: Support ShareLife's mission. Today, as we contemplate God's boundless generosity, may we, too, be moved by this same spirit of generosity. May this inspire all of us to be kind, compassionate, and move us to share our blessings with our brothers and sisters in need. ShareLife Sunday is March 17th. **Our 2024 parish goal is \$33,500.** Please give at the parish using a ShareLife envelope, online through our parish website, or at sharelife.org/donate.



PASTORAL MINISTRY
Caring for Our Parish Family
The Pastoral Care team at Sacred Heart brings Communion twice a month, on a Wednesday morning, to any of our parishioners who are unable to attend Sunday Mass. Do you have a family member or friend who is homebound due to illness or other reasons and would like to receive Communion from our team? Contact the parish office, 905-852-6944, for more information or to arrange a visit



STATIONS OF THE CROSS
Every Friday in Lent
at 7:00 pm in the Church.



The Knights of Columbus are collecting food throughout Lent to support the Loaves & Fishes food bank here in Uxbridge. Food items may be dropped off in the church foyer in the bins located at either entrance until March 31st. Thank you for your generous support.

VOCATIONS

St. Paul reminds us that we are "created in Christ Jesus for good works". If you think God's plan for you could be to be a priest, religious, or permanent deacon, Visit www.vocationstoronto.ca

HOW TO MAKE THE MOST OF HOLY WEEK?

5 Ways to Live it Well

- 1. MEDITATE ON THE PASSION** - Meditate on the Passion using passages in *The Bible, the Sorrowful Mysteries of the Rosary, etc.*
- 2. TRY TO BE SILENT** - Avoid listening to music or attending parties or celebrations. Make sure to keep your conversation as sober as possible.
- 3. MAKE AN EXTRA SACRIFICE** - In addition to fasting and abstinence on Friday, make another small sacrifice.



CONFESSIONS DURING LENT

Saturdays 4:00 – 4:45 pm
Wed. March 13th - 6:00 pm to 7:30 pm
Thurs. March 14th - 6:00 pm to 7:30 pm
Wed. March 20th - 6:00 pm to 7:30 pm

Palm Sunday

Saturday March 23rd - 5:00 pm
Sunday March 24th - 9:00 am & 11:00 am

Tuesday March 26th

NO EVENING MASS

Wednesday March 27th

Mass - 8:30 am

Holy Thursday – March 28th

Mass of the Lord's Supper at 7:00 pm
Followed by Procession and Adoration until 10:00 pm

Good Friday – March 29th

Passion of the Lord - 3:00 pm
Stations of the Cross - 7:00 pm

Holy Saturday - Easter Vigil – March 30th

Mass at 7:00 pm
Easter Sunday – March 31st
Masses at 9:00 am & 11:00 am

**GOD WANTS TO GIVE YOU MORE.
HOW WILL YOU RESPOND THIS LENT?**
Has your relationship with God grown stale? Has it lost its spark? Are you plagued by a particular sin? Something you can't shake? Are you just tired of the day-to-day grind of your life? These all show that God wants to give you more. Here is a playlist of a series of reflections for each day of lent.
<https://www.youtube.com/playlist?list=PLmH3YNYcg61F8z4gRQjOXeDH64UIDarEP>